



Asquith Mixed Probud Club BULLETIN

President: John Channon
Vice President Elect: John Davies
Secretary: Pam Slater
Treasurer: Yenda Holland
Dianne Watson, Vicki McPherson,
Denise Mayhew, Mary Potter,
Jim & Judy Thompson Barry
Willick Sandra Death, Rhonda
Wilson.

President's Message March 2022

Final Bulletin Report from the President for Probud 2021/22

I would like to thank the following members Management Committee (The Executive) Vice President Elect-John Davies, The Secretary- Pam Slater, Treasurer- Yenda Holland

Many thanks to the following Committee Members, Bulletin editor- Sylvia Gratton, Hospitality- Vicki McPherson, Membership Barry Willick-, Programmes (Speaker Seeker)- Mary Potter, Tours/Excursions- Jim and Judy Thompson, Walks- Laurie Keaton, Welfare- Denise Mayhew- Assistant Secretary- Sandra Death, Assistant Treasurer- Dianne Watson, Historian/Public Officer- Sandra Death

Further to the above members I would like to thank members who have volunteered their services to provide other activities for the benefit of members. e.g., Robert Alison, Sunny and Angus Dougall, Trish Taylor, Barbara and Lance Williamson, Rhonda Wilson, Pam Clarke, Sandra Lees and Lula Andersen. Thank you all.

Without people volunteering their time and effort there will be no Asquith Mixed Probud Club

S John Channon

President AMPC

Meeting Dates

General Meeting & AGM.

Thursday 3 March, 2022 at Magpies 10am for 10.30am start. Followed by AGM 11.40am.

Thursday 7 April 2022 10am for 10.30am start.

Website:

<https://www.asquithmixedprobud.org.au>

Email: info@asquithmixedprobud.org.au

webmaster@asquithmixedprobud.org.au

Bulletin: Editor: Sylvia Gratton



Asquith Mixed Probud Club Inc.

The Secretary AMPC, 9 Warruga Crescent, Berowra Heights 2082
Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.

COMMITTEE NOTES - FEBRUARY 2022

1. It is good to see our attendance is rising as most of us are triple vaccinated and venturing out more.

Don't forget that lunches are available at the Club, and Thursday they also offer Asian food along with the normal everyday meals and coffee shop. So, grab some friends and a table and stop for lunch sometime.

2. Just a reminder there is a change of date for our outing in March. **24th March** we will be taking a ferry trip to Watsons Bay for lunch at the Hotel. We will pay for our lunch on the day. Do put your name down so Jim can let the Hotel know how many to expect. It should be a good day.

3. A reminder that fees are due - \$70 per person. It would be appreciated if you could let either Barry Willick or the Secretary know if you are not renewing your membership.

4. The AGM will be held at March meeting. We still require members to join the new Committee.

There has been a suggestion of a Garden Group.

5. The Suggestion Box will be on display at the meeting, if you have any suggestions, please put them in the box. Remember this is **YOUR** club.

6. We are still trying to make a list of **Trades People**, but we need recommendations from Members. Please give Yenda Holland any contacts who you believe do great work.

7. Could members please contact either Barry Willick or myself by the Tuesday before all future meetings to register, as Barry needs to let the Club know how many will be in attendance. Barry - 0419 985 458.

Pam - 0406 306 401 or email.

Pam Slater

Secretary

**OLD AGE COMES AT A
BAD TIME!
WHEN YOU FINALLY
KNOW EVERYTHING,
YOU START TO FORGET
EVERYTHING YOU KNOW.**

Treasurer's Report as at 12 February 2022

Income received for year to date	\$7,435	
Offset by expenses of	\$ 854	
Year to date surplus balance		<u>\$ 6,581</u>
Add previous year's surplus of		<u>\$11,290</u>
Gives an overall member surplus of		<u><u>\$17,871</u></u>
This surplus consists of cash of		\$18,527
Less liabilities – mainly activities paid in advance		<u>\$ 656</u>
Total member equity		<u><u>\$17,871.</u></u>

Yenda Holland

12 February 2022



Community Bank
Berowra

BANK LOCAL

**Big on products.
Big on service.**

And big on local banking

We deliver the products and technology you'd expect from a big bank, plus the personal service you wouldn't.

As one of Australia's biggest banks, our heartland remains firmly local. As does our focus on you and the quality banking products you need.

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Bendigo Bank

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OUT_2186861_31/07/2021

Payment of Monies

The procedure for payment is as follows:

Monies paid by Electronic Funds Transfer (EFT) should be made to:

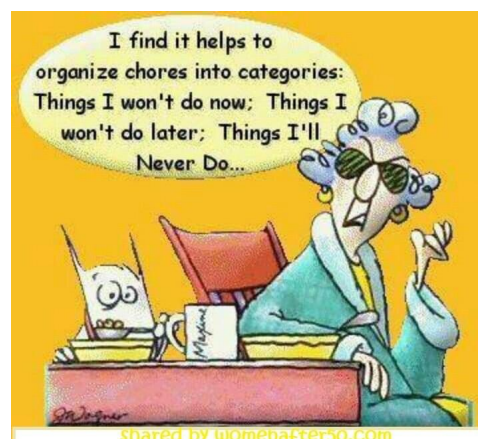
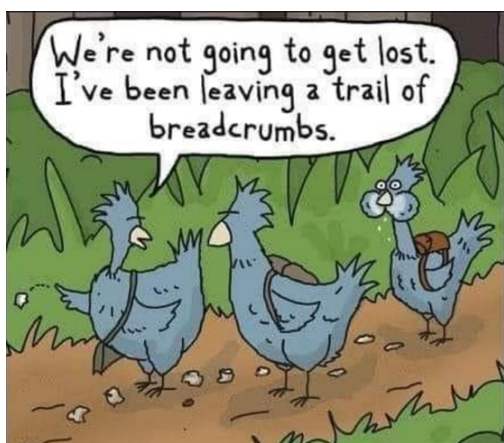
Account Name: Asquith Mixed Probus Club
BSB: 633-000
Account: 139 637 029

It is important that your EFT payment is able to be identified. Please write your surname and activity abbreviation in the space provided and print the receipt from the bank. This transaction should be made prior to the general meeting. A copy of the EFT receipt and a completed Activities Payment Voucher (one for each activity) shall be presented at the **Payments desk** to have your payment receipted. The receipted portion of the Activities Payment Voucher shall then be presented at the Activity Organiser's desk who will confirm your attendance and notate their list. Any transaction that cannot be identified will be forfeited to the Club.

Cash or cheque payments are to be presented to the Payments Desk, along with a completed Activities Payment Voucher prior to presentation to the Activity Organiser.

Please remember, if you have listed for an activity and are no longer able to attend, please let the Activity Organiser know as soon as possible.

THIS ONE IS FOR THE WALKING GROUP!



MAH-JONG

The Mah-Jong group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. Contact Pam Clarke for more information. 0416 216 962.

CARDS

The cards group meet on the 1st and 3rd Wednesday of the month at 11am in the auditorium at Asquith Bowling Club. Please come along if you would like to play.

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Lance Williamson
Books DVD, Jigsaw	Sunny Dougall & Robert Montgomery	Mah-jong	Pam Clarke
		Theatres	Rhonda Wilson
Dining out	Vicki McPherson		
Cards 500	Mary Glasby	Walks	Laurie Keaton
Pot Luck Meals	Anne Heaton	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Sandra Lees
Assist. Tours/Excurs.	Trish Taylor	Assist. Tours/Excurs.	Lula Andersen

AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members		Phone	Email
President	John Channon		
Vice-President Elect			
Secretary	Pam Slater		
Treasurer	Yenda Holland		
	Committee		
Bulletin	Sylvia Gratton		
Hospitality	Vicki McPherson		
Membership			
Programme	Mary Potter		
Tours/Excursions	Jim & Judy Thompson		
Welfare	Denise Mayhew		
Assistant Secretary	Sandra Death		
Assistant Treasurer	Dianne Watson		
Historian/Public Officer	Sandra Death		

WELFARE REPORT

Merle Robinson is at home recovering from her re-admission to hospital and a stay at Mt Wilga after experiencing a fall and being diagnosed with pneumonia following a recent bout of Covid 19. Merle says even though she is feeling a lot better her total recovery is taking longer than she thought it would. We send love and best wishes and look forward to seeing Merle back at our meetings.

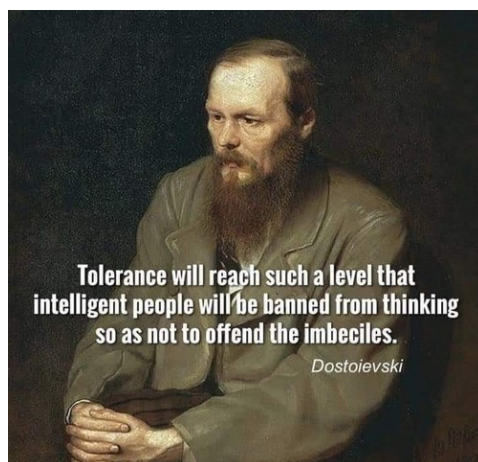
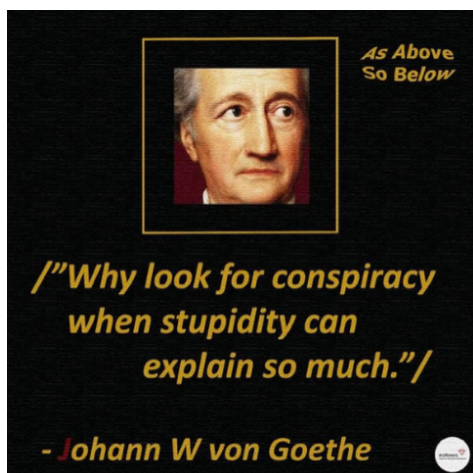
At our last meeting, Margaret Young shared wonderful news concerning her husband Dale. After 2 years of (in Dales words) "trial and error" he is now in remission of multiple myeloma. Very good news indeed.

Paul Sorrell is recovering well after fracturing his ankle in a bushwalking incident. In a recent conversation with Paul, he said he was going okay and has now started doing therapy exercises for his ankle. Even though Paul needs to have another surgery I don't think it'll be too long before he'll be back on both feet.

David Lees is in SAH undergoing specialist care and treatment. Because of Covid, it hadn't been possible for Sandra or their children to visit David, making it a stressful time for all concerned. This has now been remedied with visits taking place, bringing comfort to the family. Thoughts, prayers and best wishes go out to David, Sandra and their family at this difficult time.

Love and prayers are being sent to Helen and Peter Nancarrow. After being told of health issues with their 15yo grandson, they made a quick trip north to be with their family. While the results of early tests were very positive, there is more testing to be carried out before a full diagnosis and treatment will be known.

Denise Mayhew



JIM & JUDY THOMPSON

DAY TRIPS & AWAY TRIPS.

Sunday 13 to Friday 18 Nov 2022

TOUR TO JINDABYNE

We will travel by coach from Hornsby to Jindabyne. We will be staying at the Lake Jindabyne Hotel. There will be excursions each day to the scenic attractions of the Snowy Mountains. These include Smiggins Holes, Perisher, Eucumbene Dam, Dalgety, Bombala plus much more.

The cost is \$875 (all meals included). There is no single supplement!!!

A deposit of \$100 is to be paid by 1 Sept 2022 and the balance of \$775 is to be paid by 6 Oct 2022. Let us know of any dietary requirements or allergies. We will give a detailed itinerary in the next Bulletin.

Thu 24 March. Lunch at Watsons Bay.

Catch the 9.12 am train (platform 1) from Hornsby. We will have morning tea at the MCA cafe with its great views. Then the ferry to Watsons Bay and lunch at the Watsons Bay Hotel with scenic Harbour views.

Jim Thompson

Thursday April 21st State Theatre “Palace of Dreams” 2-hour Guided tour:

\$20 per person, 10 am tour start, leave Hornsby Station around 8:30 am.

Tour is limited to 20 people, but we could accommodate extra people at the 1pm tour.

Experience the grandeur of the State Theatre’s Gothic, Italian and Art Deco design, its exotic Character rooms, the world’s 2nd largest hand cut crystal chandelier and see the mighty Wurlitzer organ.

Do your bit for the city’s many eateries at lunchtime with your Dine & Discover vouchers.

Catch the 8:35 train to Town Hall & grab coffee at the QVB before joining the tour promptly at 10 am. Full travel details will be in the April Bulletin.

Please Register and Pay at the March Meeting

Mal Steel.





RIVERBOAT POSTMAN CRUISE ON THE LOWER HAWKESBURY RIVER.

On Thursday 17 February 2022 31 AMPC Members had an enjoyable day on The Riverboat Postman Cruise. We left Brooklyn at 10.00am and the weather was spectacular. Morning tea and the ploughman's lunch were most enjoyable and Grandma's Anzac biscuits were particularly yummy!

The trip took about 3 hours and the historic commentary was excellent.

Observation Fun Run

Thursday 19 May 2022.

Join in a fun day touring around the Hills District with the observer's task to answer a list of questions.

Morning Tea is included in the cost of \$15 and winner presentations after the event, over lunch (own cost) at Galston RSL Club.

Book at the activities desk.



SPEAKERS

David Hunt was a return speaker at our February meeting talking in his usual irreverent way about the politicians involved in Federation. A great merging of information with entertainment.

A mystery speaker will entertain us at the March meeting,

In April, Hans Kunnen, will speak, Hans happened to be at a conference in New York right next to the Twin Towers when the planes hit.

Hans Kunnen is a mostly-retired economist. He was formerly chief economist of Colonial First State investments and of the St George Banking Group. He is an author and educator, having taught at the University of New England and Macquarie University in Sydney. Hans has been involved in mentoring refugees, and is an active member of the Anglican Church in Glenhaven. He is married with three adult children. No grandkids yet!

My story:

Alone in New York, Hans found himself in the middle of a world changing event. As events unfolded from breakfast at the World Trade Centre, to the streets of the city and then to journeys by bus and ferry, Hans tells of his interactions with people he saw and leaned upon. It is definitely not a tale of heroism, rather it is mostly one of hope and help.

THEATRES.

2022 PREMIER'S GALA CONCERT - 30 March, 2:45pm

Tickets will be available for collection at the March Meeting for those who have put their name down. [Don't forget to pick them up](#)

[I have 5 tickets available](#)

THE GOOD OLD DAYS CONCERT PRESENTS BACK IN THE SWING.

2nd May, 2:15pm

Tickets have been ordered - stay tuned.

NORTH BY NORTHWEST 16 March 1pm

I will be sending an email out to Ticket holders regarding the collection of tickets as they are no longer sent out prior to the show.

PHANTOM OF THE OPERA - 21st August - Remember the safe place where you have kept your tickets from the postponed performance.

Keep safe,

Rhonda

Walk Report

Thursday 17 March 2022 Cronulla Bayside Promenade. Leads LAURIE and JOHN(TBC)

(Registrations close March meeting)

Where: Cronulla to Bass and Flinders Point Return.

What: The full walk: 6km **Rating Flat and Easy**
Shorter Walk Turn at your Leisure

Travel: Intercity Train Cars 2-3 **8.54 Berowra 9.04 Hornsby Arr Redfern 8.41**
Dep Redfern Eveleigh 9.54 Arr. Cronulla 10.42
There is no lift at Redfern from Platform 1.

Lunch: Bookings for 30 at the Waterview Restaurant Cronulla RSL 12.30pm.
Late Registrations may have to make their own booking.

Thursday 28 APRIL 2022 Condamine Street Balgowlah via North Harbour Reserve to Manly - Leads Barry and Gai Brown.

(Registrations Close April Meeting)

Where: Corner of Sydney Road and Condamine Street Via North Harbour Reserve and walk to Manly. More info available at Registration.

What: 2 Hour Long Walk (Barry) Balgowlah to Shelly Beach & Ivanhoe Hotel + Coffee stop.
1.5hour Short walk (Gai) Balgowlah to the Corso & Ivanhoe Hotel+ Coffee stop. **Ratings Easy but 3 down and 1 up railed sets of steps.**

Travel: **8.56 Berowra Train Hornsby 9.10** Arrive Chatswood 9.34,
Bus Route 144 Stand F Victoria Street 9.41-arr 10.29 (Long Walk)
9.51- arr 10.39 (Short Walk) (Depending on registration numbers).
Return by ferry and train or Route 144 Bus.

Lunch: Lunch at the Ivanhoe Hotel. 12.30 pm.

Thursday May 26 Historic Hunter's Hill Lead Laurie and Kevin. (TBC)

Hunters Hill **Easy** Medium walk via Kelly's Bush & with one gradual hill.
Medium Rated Longer walk via Kelly's Bush & the Clarkes Point and Dock Yard.
Very steep set of steps. More info after 8 March.
Lunch at the Woolwich Pier. Preliminary limit 30 (bus Travel)
Ferry cruise to return to the city.

AMPC walkers storm the barricades.

A group of walkers reportedly stormed barricades at the outside theatre at Mrs Macquarie's Chair on the January walk. Enjoyment of harbour views, from what is normally a public path, was not to be impeded and led to a lively exchange. Reliable sources report arrests were threatened and one member even asserting citizen's right of passage. The episode made for excitement on the evening, enjoyed by 27 participants.

Members are reportedly flocking to join walks led by Kevin – get in early.



BREAKFAST AT BOBBIN HEAD

A very nice annual breakfast was held on the 7th of February at Bobbin Inn, Bobbin Head. This has become an annual feature that is immensely enjoyed by all who attend. May it long continue.



Tradie recommendations -

If anyone is looking for recommendations for a good tradesperson then go to Asquith Mixed Probus Facebook page and post something like

'Can anyone recommend a good plumber etc....'

Stress Test 🤔

I am not sure exactly how it works, but this is amazingly accurate.

Read the full description before looking at the picture.

The picture below has 2 identical dolphins in it. It was used in a case study on stress levels at St. Mary's Hospital, London.

Look at both dolphins jumping out of the water. The dolphins are identical. A closely monitored Scientific study revealed that, in spite of the fact that the dolphins are identical, a person under stress would find differences in the two dolphins. The more differences a person finds between the dolphins, the more stress that person is experiencing. Look at the photograph and if you find more than one or two differences you need to go on vacation....

I'll be on Vacation with you!

**Never take life seriously
Nobody gets out alive anyway!**



**ASQUITH MIXED PROBUS CLUB INC**

Inc No: 9890687

Activities Payment VoucherToday's
Date: Name(s) Activity
Name Date of
activity Activity cost
per person \$ No. of
Persons Amount
Paid \$

Cash	EFT	
Cheque		
POS	Received By :	

Date issued 1 June 2017

ASQUITH MIXED PROBUS CLUB INC

Inc No: 9890687

ReceiptTo-days
Date: Name(s) Activity
Name Date of
activity No. of
Persons

Total Paid	\$ <input type="text"/>	Card Charge \$ <input type="text"/>
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Confirmed by:

Received by :

PLEASE RETAIN FOR ACTIVITY.

**ASQUITH MIXED PROBUS CLUB INC**

Inc No: 9890687

Activities Payment VoucherToday's
Date: Name(s) Activity
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Total Paid	\$ <input type="text"/>	Card Charge \$ <input type="text"/>
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Confirmed by:

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PLEASE RETAIN FOR ACTIVITY.